

CREAMY CHICKEN CAYUGA

INGREDIENTS

4 boneless skinless chicken breasts thinly sliced salt and pepper 2 tablespoons olive oil 11/2 cups sliced mushrooms 1/2 cup Cayuga White Wine 1/2 cup chicken broth 1 cup heavy whipping cream 1 teaspoon ground mustard 1 teaspoon garlic powder Fresh Chopped Parsley for garnish

SERVING: 4

PREP TIME: 5 MIN

COOK TIME: 25 MIN

DIRECTIONS

- In a large skillet over medium heat add 1 tablespoon olive oil to the pan. Add the chicken and lightly salt and pepper. Cook until lightly brown and cooked throughout. Remove chicken and set aside on plate.
- Add 1 Tablespoon olive oil and sauté the mushrooms for 1-2 minutes. Add marsala wine and bring to a boil over medium high heat for 1-2 minutes. This allows the alcohol to burn out. Add the chicken broth, heavy whipping cream, ground mustard, and garlic powder.
- Bring to a boil and reduce heat and simmer for about 10 minutes or until it starts to thicken. Place chicken back in the sauce and continue to simmer for about 1-2 minutes.







THE BEST BEEF MARINADE

MARINADE

- ½ cup olive oil
- 1/3 cup fresh lemon juice
- ¼ cup Worcestershire sauce
- 1½ tablespoons garlic powder
- 3 tablespoons dried basil
- 1½ tablespoons dried parsley flakes
- 1 teaspoon ground white pepper
- ¼ teaspoon hot pepper sauce
- 1 teaspoon dried minced garlic

DIRECTIONS

- 1. Place the soy sauce, olive oil, lemon juice, Worcestershire sauce, garlic powder, basil, parsley, and pepper in a blender. Add hot pepper sauce and garlic, if desired. Blend on high speed for 30 seconds until thoroughly mixed.
- 2. Pour marinade over desired type of meat. Cover, and refrigerate for up to 8 hours. Cook meat as desired.

PAIR WITH CABERNET SAUVIGNON & LOCAL BEEF











SOUTHERN BLUSH SLUSHIES

INGREDIENTS

16 oz. frozen peaches
(or 4 cups frozen peaches)
2 ½ cups Southern Blush
1-2 tbsp raw sugar (optional)

INSTRUCTIONS

Place the peaches into a high powered blender. Add the wine. Blend until smooth.

Pour into glasses.

Sip and enjoy!

